

MAP OF THE HIDDEN WORLDS



INTRODUCTION

My perception appears to be unique and I would like you to approach it as if it was an adventure. Nature herself and our planet reverberate on a spectrum that contains seven times seven energy fields. On this map of Akureyri we have beings that reside on seven planes of existence and the energy lines permeate three dimensions. The thought-forms also exist in three distinct dimensions. This map was designed and produced in the hope that you and others may hopefully perceive the nature behind nature and thus inspire greater respect for our surroundings and the land itself.

My main concern is the message that we are all one. That has been the inspiration for making this perception public.

If you want to join me for this adventure, look at the map and engage your heart. Go to the places that appeal to you and use the meditations. Those areas of adventure might open up for you. Enjoy in silence and happiness Erla Stefánsdóttir

MEDITATION

Find a quiet spot where the sounds of nature inspire music and hope. Sit and look inside yourself, listen to the music of the spheres and the sound of the earth, feel the pulse of life and the land. You, I, all of us are one. Feel the chord of creation resonate through your whole being and that the Creator is ever-present.

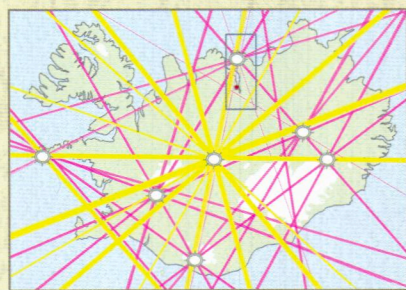
PUBLISHER'S PREFACE

My friend, the seer Erla Stefánsdóttir, has a wonderful eye for things. She sees and perceives frequency spectrums that are hidden from normal human perception. For a long time I have dreamed of her drawing the hidden worlds and beings of the Akureyri-area and two years ago we started work on this project with the great help of Guðrún Sigríður Haraldsdóttir who designed the map. Dear friend, here is the map! Go forth into nature and join the adventure with us.

Greetings of peace and love.

NATURE'S ENERGY

All forms of life are filled with flowing and potent energy which resonates its own symphony and which is the inner manifestation of matter. Mother Earth is a living vibrant being, powerful and sentient. The veins of the land are energy lines, a living light which flows between the focal points that connect the greater and lesser energy centres, the vegetation belts and the world of the elves. In England they are known as ley lines or leys, in China they are known as Dragon Paths and the Australian aborigines refer to them as Song-lines. They transmit power and happiness. There are seven energy centres in Iceland and over them tower the brightest mountain-spirits of the land.

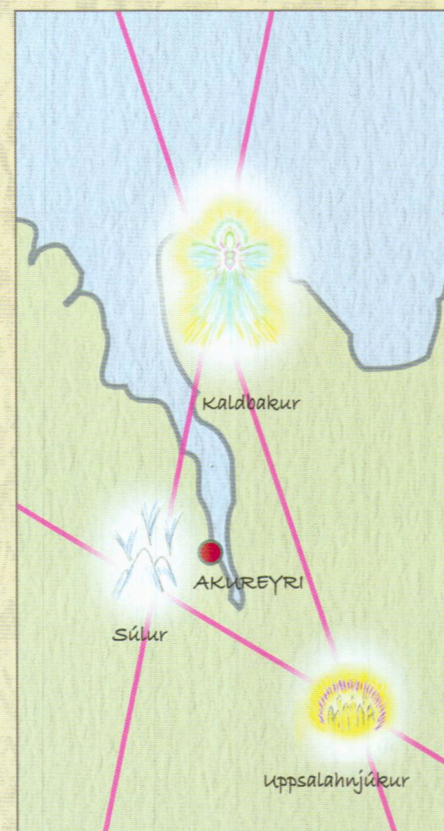


The main centre is in the glacier of Hofsjökull (Temple-glacier), which emanates light-strings over 12 energy fields. They extend from blue water-lines that are part of the higher physical force-field up to golden lines from the crown chakra or the highest energy centre of the land which exist on the so-called "intuitive plane". The lines connect the four regional powers known as "land-wights" which we know from the national emblem of Iceland. In the West we have the Snæfells-glacier; in the North Kaldbakur; in the East the mountain Snæfell; in the South the glacier of Mýrdalsjökull and then we also have the Mountain-Queen: Herðubreið and the Prince: Hlíðufell.

Katrín Jónsdóttir

THE ENERGY OF EYJAFJÖRDUR

The main energy which flows from the glacier of Hofsjökull to the high north fills the Eyjafjörður area with light and moves towards Kaldbakur and the goddess who resides there and is filled with promise of hope and healing. This is the domain of elves and hidden beings, here is eternal spring and happiness even though the outward appearance is cold and wintery.



The mountains Súkur, Kaldbakur and Uppsala-hnjúkur are connected by light purple strings that form a triangle around Akureyri. It is worth noting that the original settler and protector of the area, Helgi "the lean", would in times of hardship turn to the old gods, one of which resided in the "heavens" that was called Uppsali, or "High Halls".



The mountain Kaldbakur. Bluish-green and silvery interwoven with tiny purple-pink strands. One of the greatest energy centres in Iceland. This is a green chakra or energy centre where elves and hidden beings dance in the light of the mountain goddess. If you meditate and intone green notes through your throat chakra, you can feel the heavenly concord.



The guardian angel of Akureyri appears in blueish-green tones and radiates green and yellow shimmering energy. This is in accord with the goddess of growth and fauna of the land.

THE INTERACTION OF HUMANS



The dwellings of elves in Vaðlaheiði.

By using a technique I have termed the "adventure-eye" one can have a glimpse into the past and the future. The Eyjafjörður area is a great place for travel and there are many sacred places like churches that exist in in the present and past. These are connected by strands of light and they shine like beacons and have their individual stories to tell. Some go back to the year 1000, or even further as many of the Christian places of worship have been built on sacred sites from the pagan past. Some may have been abandoned years ago but their energy still reverberates into the present and there you can experience the residual energy of generations long gone, their joys and sorrows. Through silence we will perceive music and guidance.

Our ancestors knew the art of fashioning light-paths by building cairns that could transmit subtle energy between each other. These paths could be felt by horses who used them as a navigational aid that could lead them home even if the eyes of their human owners were blinded by darkness or fog.

Directly opposite Akureyri, in the hill below Vaðlaheiði, there are three villages. One of them is populated by elves, there are hidden people in the second village and one can see boats tied to the rocks below the third which I believe to be an imprint from the past. A small settlement of ten to twelve houses can be glimpsed near Festarklettur and in the eastern part of the fjord is Vaðlaþing, a place of importance where the old local assembly or þing took place. There I perceive a circular construction made of stone with a roof made of canvas or animal hides. There one can still perceive the shapes of ships, large and small which means that the fjord lay deeper towards the south, but has in the ensuing years been filled with mud and clay.

It can only be natural that sharp-eyed inhabitants of Akureyri sometimes spot lights in windows on the other side of the fjord where there are no real houses in the material and mundane sense.

One can see how Norwegian settlers like Helgi "the lean" and his wife, Þórunn hýrna, arrived from north into the Eyjafjörður. The stories say they lived close to Sólarfjall (Sun Mountain) or even in the island of Hrísey during the first year of their stay. Many others have started their stay here by arriving at Gásir, a natural harbour area with rich fishing-grounds nearby. I have observed scenes in Gásir which go back 1500 years, -well beyond the official dating of the settlement. The people there differ from the Norwegians: they are dark-skinned with coarse hair.

AND HIDDEN BEINGS

THE OLD COUPLE

A couple lived in the area called Eyri and the woman had a good friend next door, a woman belonging to the hidden people. They would lend each other things and their family lives were interwoven as they had the same number of children that would play with each other. The husbands were both fishermen, the human one would sell his catch in the village, but little is known what the "hidden" husband did with his.

Later the human husband dies at sea, his children had by then left home, but the hidden children next door still lived with their parents. Worried about their mother the human children travelled north but she told them that everything was fine as she would get all the help she needed from next door, -the rock in the field! Here pantry was always full and whenever she opened the door these was fish on the doorstep, haddock, cod or catfish. Thus she lived for 15 years until she herself passed away. Are these not divine gifts?

THE DRIVING TEST

Around 1970 I met a woman named Aðalheiður Friðþjófsdóttir who told me a fascinating story. She had lived in the town of Húsavík and when she was 18 years old she was ready to take her driving exam. Her parents drove her to Akureyri where she would undergo the exam. This was in early autumn and the weather was good and in Akureyri they stayed with family friends. The exam went well and they decided to go back to Húsavík the following day. But when they were up in the heath of Vaðlaheiði the weather changed for the worse, there was a heavy snowfall and it was obvious that they would need to turn around and drive back to Akureyri. The road was narrow and Aðalheiður's father was looking for a lay-by where he could turn the car around. Suddenly they came upon a large brightly lit platform that seemed to extend in the fjord. The father did not need to reverse as the platform was so big that he could easily do a circular turn and drive straight to Akureyri. When they told their friends about the platform none of them recognised the place. The next day the weather had lifted so they drove back and decided to look for the mysterious lay-by. They did not find it, neither then nor later. This event took place around 1940. Sometimes we experience divine guidance.

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